

### Holy Trinity = 3 in 1

God the Father = Creator

God the Son:  
Jesus = Redeemer

Holy Spirit = Sanctifier

### Seven Sacraments

Baptism  
Reconciliation  
Eucharist  
Confirmation  
Marriage  
Holy Orders  
Anointing of the sick

### Seven Gifts of the Holy Spirit

**Wisdom** helps us keep God central in our lives.

**Understanding** is the ability to comprehend the meaning of God's message.

**Knowledge** is the ability to think about mysteries of faith.

**Counsel** is the ability to see the best way to follow God's plan.

**Fortitude** is the courage to do what is right.

**Piety** is revering God.

**Fear of the Lord** is the feeling of wonder/awe before God.

### 10 Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Sabbath
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

### Apostles Creed

I believe in God, the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our  
Lord, who was conceived by the Holy  
Spirit, born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from  
the dead; he ascended into heaven,  
and is seated at the right hand of God  
the Father almighty;  
from there he will come to judge the  
living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.

Amen.

### Beatitudes

**"Blessed are the poor in spirit,  
for theirs is the kingdom of heaven.**

**Blessed are they who mourn,  
for they shall be comforted.**

**Blessed are the meek,  
for they shall inherit the earth.**

**Blessed are they who hunger and thirst for  
righteousness,  
for they shall be satisfied.**

**Blessed are the merciful,  
for they shall obtain mercy.**

**Blessed are the pure of heart,  
for they shall see God.**

**Blessed are the peacemakers,  
for they shall be called children of God.**

**Blessed are they who are persecuted for the  
sake of righteousness,  
for theirs is the kingdom of heaven."**

Gospel of St. Matthew 5:3-10



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